



# HEALTH ALERT

Dear Parent,

Your Child has been exposed to the contagious disease checked below. Please read the attached information sheet and follow recommended treatment guidelines.

- Chicken Pox** — onset 2 to 3 weeks after exposure. Contagious for up to 5 days. Don't bring your child to school until all scabs dry.
- Strep** — onset 2 to 5 days after exposure. Symptoms include sore throat, rash, fever.
- Pinworms** — itching of anal area, especially at night. is the most common sign. Your child may have insomnia and may lose her appetite. Consult your physician. Observe other family members for symptoms.
- Ringworm (scalp)** — symptoms include bald oval shape on the scalp; grayish scales; broken hair; itching. Do not bring your child to school until the day after treatment begins. Be cautious of sharing items that come in contact with the head.
- Ringworm (body)** — Symptoms include rounded reddish area with scaly or blistery border. Do not bring your child to school until the day after treatment begins. Cover spots with clothing or a dry bandage.
- Pink eye (conjunctivitis)** — Onset 1 to 3 days after exposure. Irritated, tearing eyes; swollen lids, yellow discharge that makes eyes sticky. Consult physician for treatment. Do not bring your child to school until symptoms subside.
- Impetigo** — Symptoms include golden, crusty sores or pimple like spots with water heads that break and become crusty. May occur on hands, feet, legs, or buttocks. Left untreated will spread rapidly. Consult you physician for treatment. Do not bring your child to school until symptoms subside. Keep sores covered.
- Head Lice** — For 2 weeks after exposure, observe your child's hair, scalp and neck-line and around ears for eggs (nits), tiny, pearly white, egg-shaped specks that sticks to the hair shaft. Your child may complain of itchy head. Wash all bedding, stuffed animals, hats, pillows, car seats. Pick all nits out of hair. Consult physician for treatment. Do not send child to school until all nits are gone. Stop by office to be checked out before going to the classroom.